GMK Sphere maximizes the femoro-tibial contact area to minimize polyethylene wear.

**REFERENCES**


PATIENT SATISFACTION AFTER KNEE ARTHROPLASTY

Despite the excellent longevity of total knee arthroplasty, many patients continue to experience functional deficits after surgery.

Patient expectations are not as well fulfilled by TKA as by total hip replacement with fewer knee patients achieving a "forgotten joint" replacement. Studies show that around 20% of TKA patients are not satisfied[1,[2]. Excessive A/P motion may result in anterior knee pain and continued swelling. In many P/S designs, the stabilizing mechanism only engages after 70-80° of flexion leaving the knee vulnerable to A/P instability during the most commonly encountered functional activities[4].

STABILITY IN TKA IMPROVES PATIENT SATISFACTION

In a study in which patients had a conventional CR or PS in one knee and a medially stabilized device in the other, 76% preferred the knee with the "ball in socket" medial compartment[5]. Patients reported:

- It feels more normal
- It is stronger when ascending/descending stairs
- It has superior single-leg weight bearing
- It feels more stable during flexion and overall
- There are fewer clunks, pops and clicks

STABILITY

GMK Sphere features a fully congruent medial compartment providing:

- High stability throughout the range of motion[7],[10]
- No paradoxical motion between femur and tibia[7],[10]
- No implant-related "mid-flexion" instability[7],[10]

NATURAL PATELLAR TRACKING

GMK Sphere replicates natural lateralized patella tracking to reduce patello-femoral joint pressure and address anterior knee pain[8],[9]:

- Trochlea groove lateralized by 2 mm to enable natural patella tracking[9]
- Flattened medial trochlear wall prevents patello-femoral overstuffing minimising retinacular tension[8]
- Anatomic patellar implant with medialized dome allows for optimal bony coverage with reduced soft tissue tension, improved stability and contact area[12]

ANATOMIC FIT

Extensive anthropometric research on a unique global database containing more than 15,000 CT and MRI scans of knees validated the[12]:

- Range of 13 femoral sizes with 2 mm increments that best fit a broad spectrum of anatomic profiles
- Anatomically shaped tibial baseplate
- Range of inserts with 1 mm increments

The combination of 13 femoral sizes and inserts with 1 mm increments allows the surgeon to "fine tune" ligament balance and improve stability throughout the range of motion.

PATIENT-SPECIFIC KINEMATICS

GMK Sphere accommodates the best pattern of kinematic motion for each patient rather than imposing an assumed "norm"[7]. This is achieved with:

- "Ball in socket" stability throughout the range of motion in the medial compartment[7],[10]
- Freedom of movement in the lateral compartment[7],[10]

Spherical Medial Compartment

GMK Sphere features a fully congruent medial compartment providing:

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